

Benefits



A smaller appetite.

Having the Virtual Gastric Band will convince your subconscious mind to feel full quicker and eat smaller portions.

Improved health and appearance.

More confidence in yourself as you eat less and move more.

Affordable.

All the programs are significantly more affordable than the surgical option.

No Risk.

It is 100% safe! Use the power of your subconscious mind to achieve the results that you want.

No complications.

The surgical procedure has complications such as acid reflux, nausea, slipped band or regurgitation of food and can cost between \$13,000—\$20,000 with significant out of pocket expenses.

PROFESSIONAL ACCREDITATIONS

- *Diploma of Applied Clinical Hypnotherapy*
- *Diploma of Life Coaching.*
- *Professional Clinical Member of Australian Association of Clinical Hypnotherapists and Psychotherapists*
- *Certified Hypnotherapist with the International Association of Counselors and Therapists*
- *Member of the Australian National Hypnotherapy Register*
- *Polarity Therapy Professional with the International Polarity Education Alliance*
- *Reiki Master Teacher since 2000*
- *Bachelor of Arts*
- *Diploma of Education*



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Weight Reduction Packages



***NO diets -
Solutions to long term weight loss!***

0412 655 742

www.balance4life.com.au

Weight Reduction Programs

3 Programs to choose from....

Option 1:

Basic Program

Minimum commitment of 4 prepaid sessions over a 6 week period.

4 x Hypnotherapy sessions

2 x support CD's

From the first session of Virtual Gastric Band Hypnosis, you eat smaller portions.

It uses the powerful combination of hypnosis and behavioral changing techniques, so that you create new and empowering habits.

Coaching program and extra hypnosis sessions are available to further support you on your journey.

Investment in your health: \$660

Option 2:

Stepping into Success

12 weeks (3 months) of support*

6 x Hypnotherapy sessions

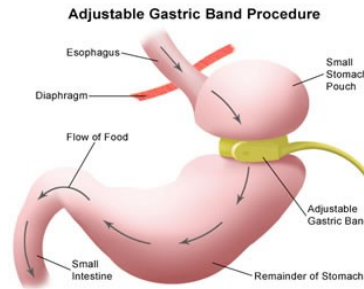
2 x support CD's

6 x extra support 20 minute phone sessions at a designated time for the length of the program

Support material

1 x half hour complimentary follow up session on completion of the program.

Investment in your health: \$1,400



** package is valid for 12 weeks from start date & unused sessions are not transferable.*

Option 3:

Ultimate Balance Your Weight Program

20 weeks (5 months) of support*

10 x Hypnotherapy sessions

2 x support CD's

Support material

10 x half hour Coaching support sessions either face to face or by phone

OR

10 x half hour de-stress sessions using Reiki or Polarity Massage

OR

6 x half hour accompanied walking sessions (subject to weather and location)

PLUS 1 x half hour complimentary follow up session on completion of the program.

Investment in your health: \$3,975

** package is valid for 20 weeks from start date & unused sessions are not transferable.*

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