

## Why I learn Reiki

Let me introduced myself. When I retired from my engineering career, I am searching for my personal spiritual path. After few years of soul searching, I came to realise REIKI is the path I wanted to take. Having practise Qi Kong for 6 years, it is a great help for me to learn the Reiki.

I am trained as an engineer throughout my career and considered myself a very left brained person. To be so sceptical about the Reiki course but I still insisted of taking the Reiki course.

After taken Reiki 1 course from Meg Philips, it did not convince me the power of Reiki even I have done the practical work during Reiki 1 course. Being so sceptical and excited about the distance healing course of Reiki 2, I told myself to give myself a second chance to understand the power of Reiki, so I enrolled for Reiki 2 course. Half way through the course of Reiki 2, I took a short break to tour Europe/Malaysia where I met my counsellor in Malaysia, she had skin infection on her right hand and was painful when water her hand, at that moment I decided to applied Reiki on her. After 20 minutes of Reiki session, her hand can immerse the water without any pain. I offer her a distance healing when I got back to Melbourne in just few day time. I then applied distance healing to her for 10 sessions (once a week). Her abscess right hand is completely cured. From that moment onwards, my sceptics about Reiki is almost gone. This is a very real and powerful story to tell to everyone.

Now I am the true believer of the Reiki energy and what it can bring to us. Mastery of the Reiki is only through practice. The more your practise, the better off you are as a Reiki practitioner.

As a Reiki learner, I must say practising Reiki is now part of my life. It guided me through my spiritual journey and empowers me to be the person I wanted to be.